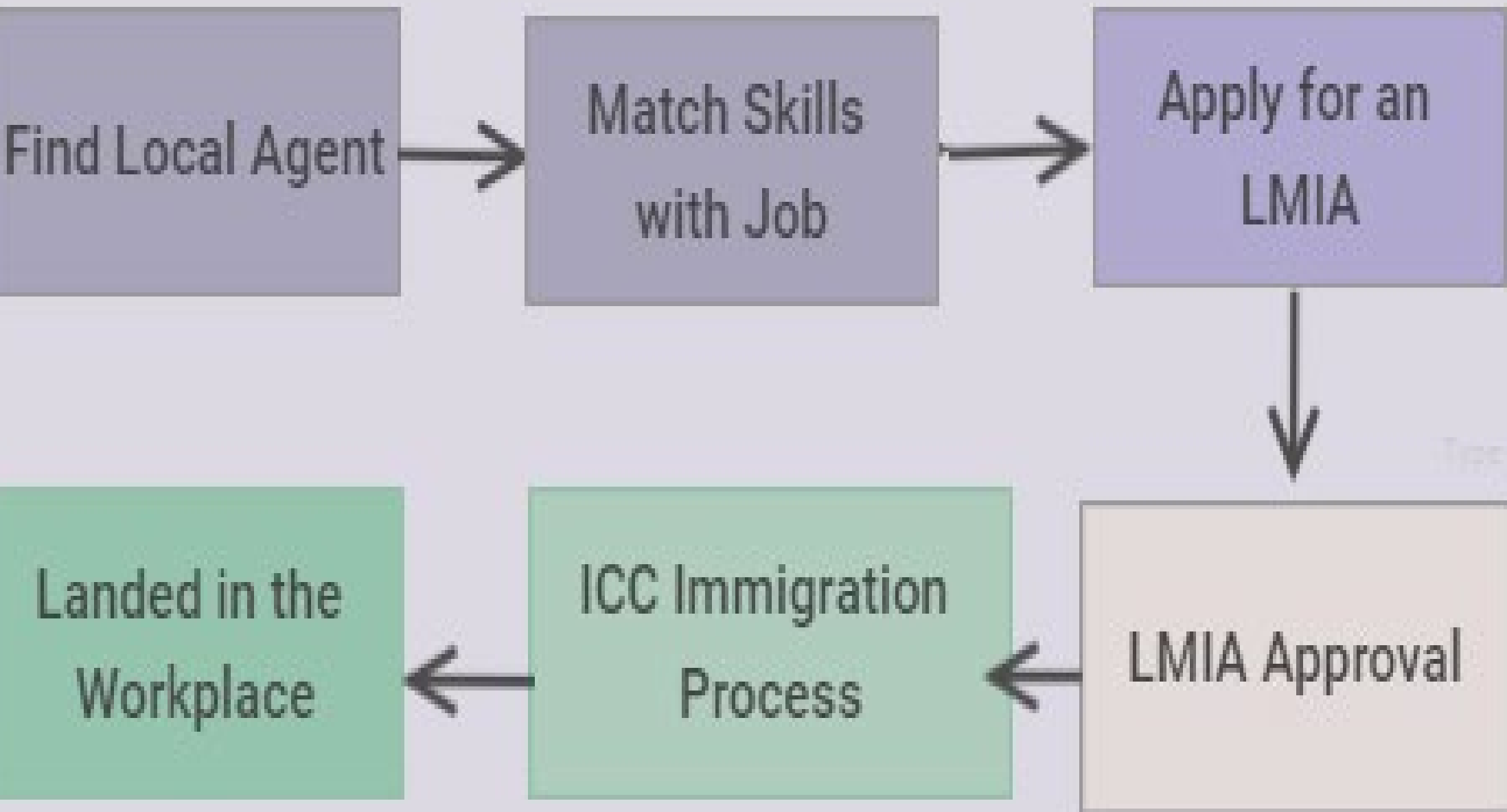


TEMPORARY FOREIGN WORKERS MENTAL HEALTH IN CANADA

Presented by: Birendra Lamsal & Fareeha Ahmed

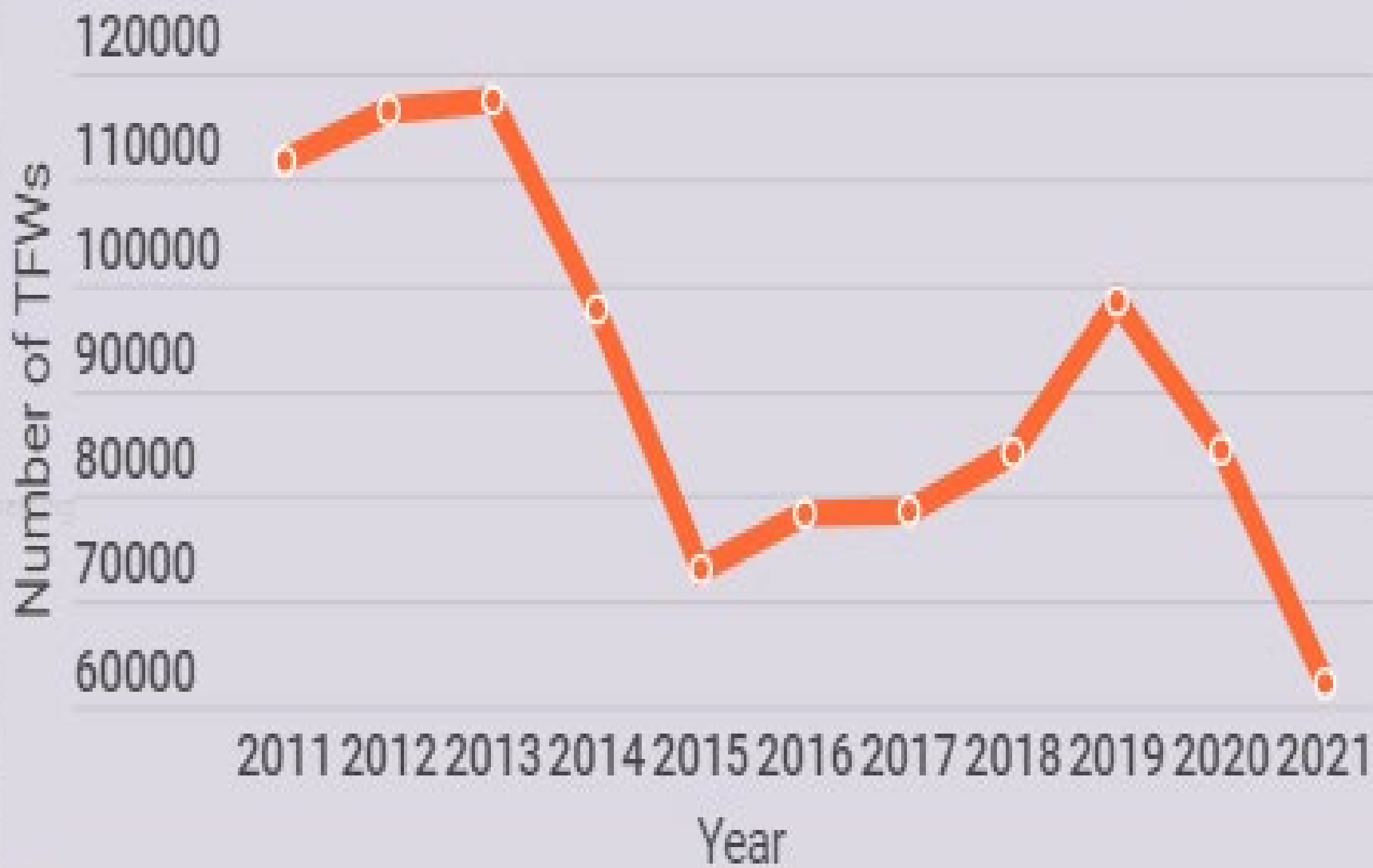
Research Question: what common mental health issues are facing temporary foreign workers (TFWs) and how is their mental health affected.

TFWs Screening Process and Number of TFWs in Canada



The screening processing is time consuming and lengthy.

Annual Numbers of TFWs Entering in Canada Since 2011



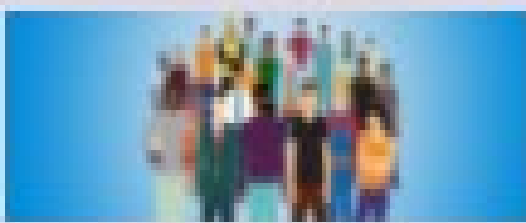
Source: Statistics Canada, Canada Employer-Employee Dynamics Database

The proportion of female TFWs is lower than male.

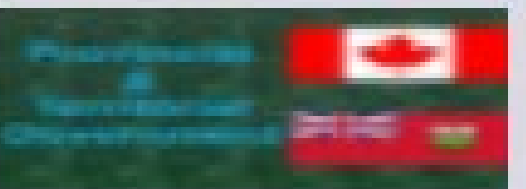
Major Stakeholders of TFWs Program



Canadian Labour Market



Temporary Foreign Workers



Federal and Provincial Governments

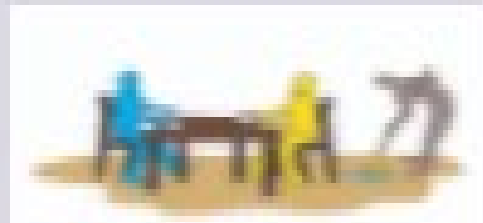


Non- Government Organizations

Key Problems Faced by TFWs



Mostly Work in a Low-wage system



Lack of Protection of TFWs

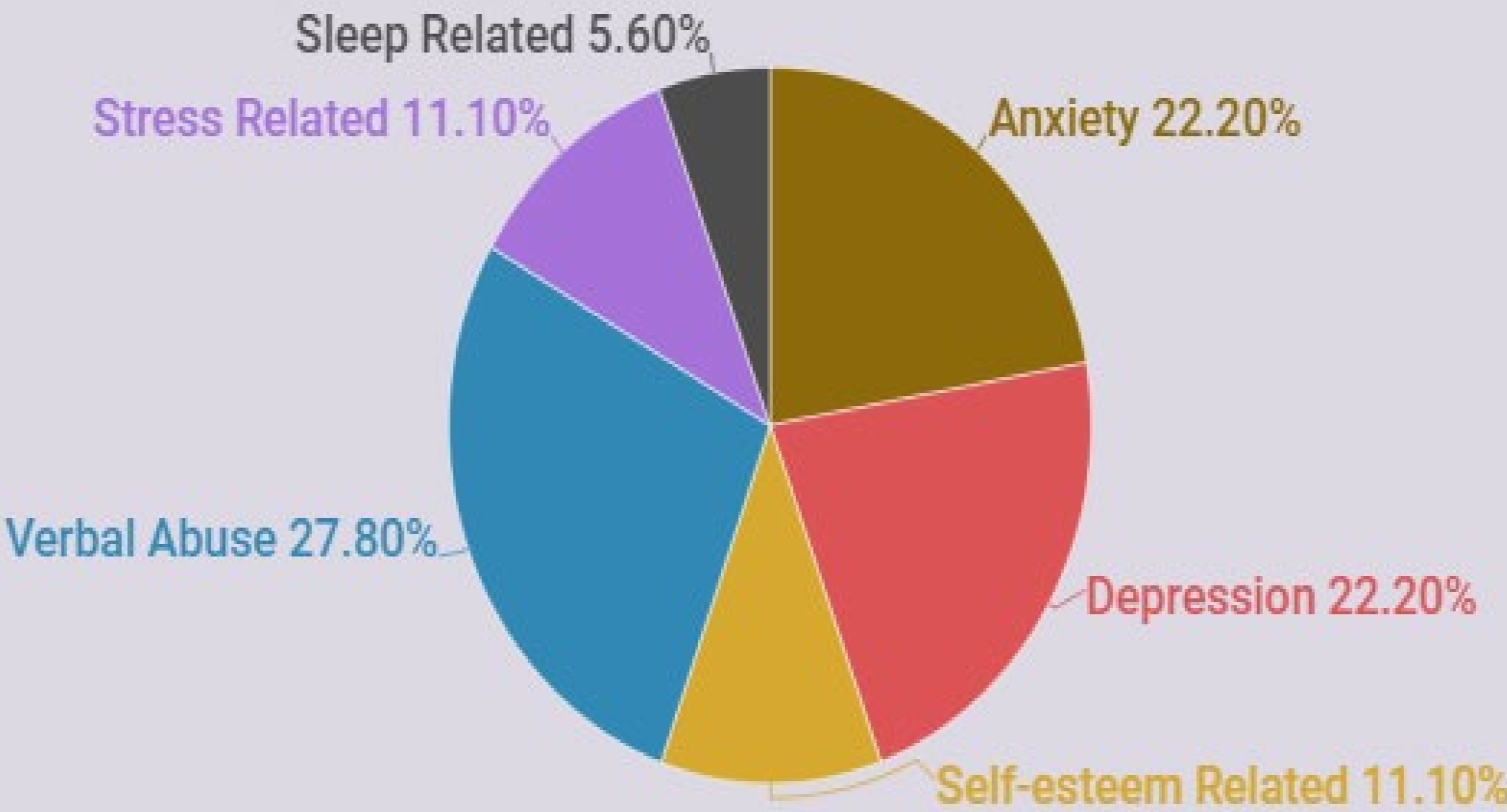


Facing Difficulties to Get Permanent Residency



Substandard Housing

Types of Mental Health Problems amongst TFWs in Canada



Verbal abuse, anxiety, and depression are major mental health issues of TFWs in Canada. Access to healthcare is limited due to lack of knowledge, language, and access barriers.

Recommendations

Need more policy changes and program interventions from the federal and provincial government to protect TFWs' rights and minimize risks of their exploitation.