

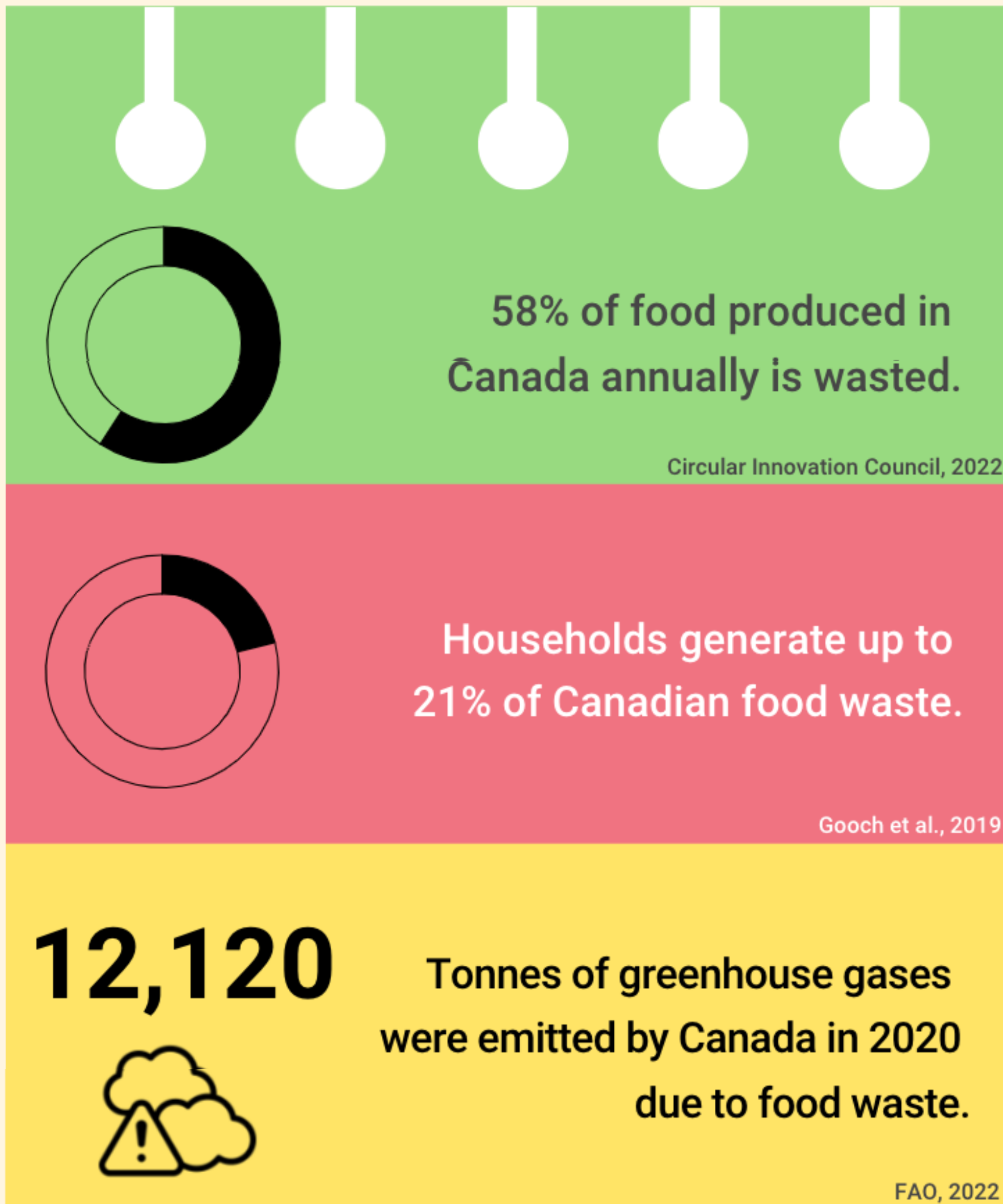


Analysis of Food Waste in Society



What is food waste?

Food waste is food that is thrown out for having spoiled or is simply unwanted. It is also the waste of resources used to produce and distribute the food.



What causes food waste?

Household Habits:

- Overpurchasing
- Not using a shopping list or meal-planning
- Improper food storage
- Confusion over package dates
- Preparing larger meals than necessary
- Not using leftovers

Best-before dates are when food quality declines **not** when food must be thrown out.

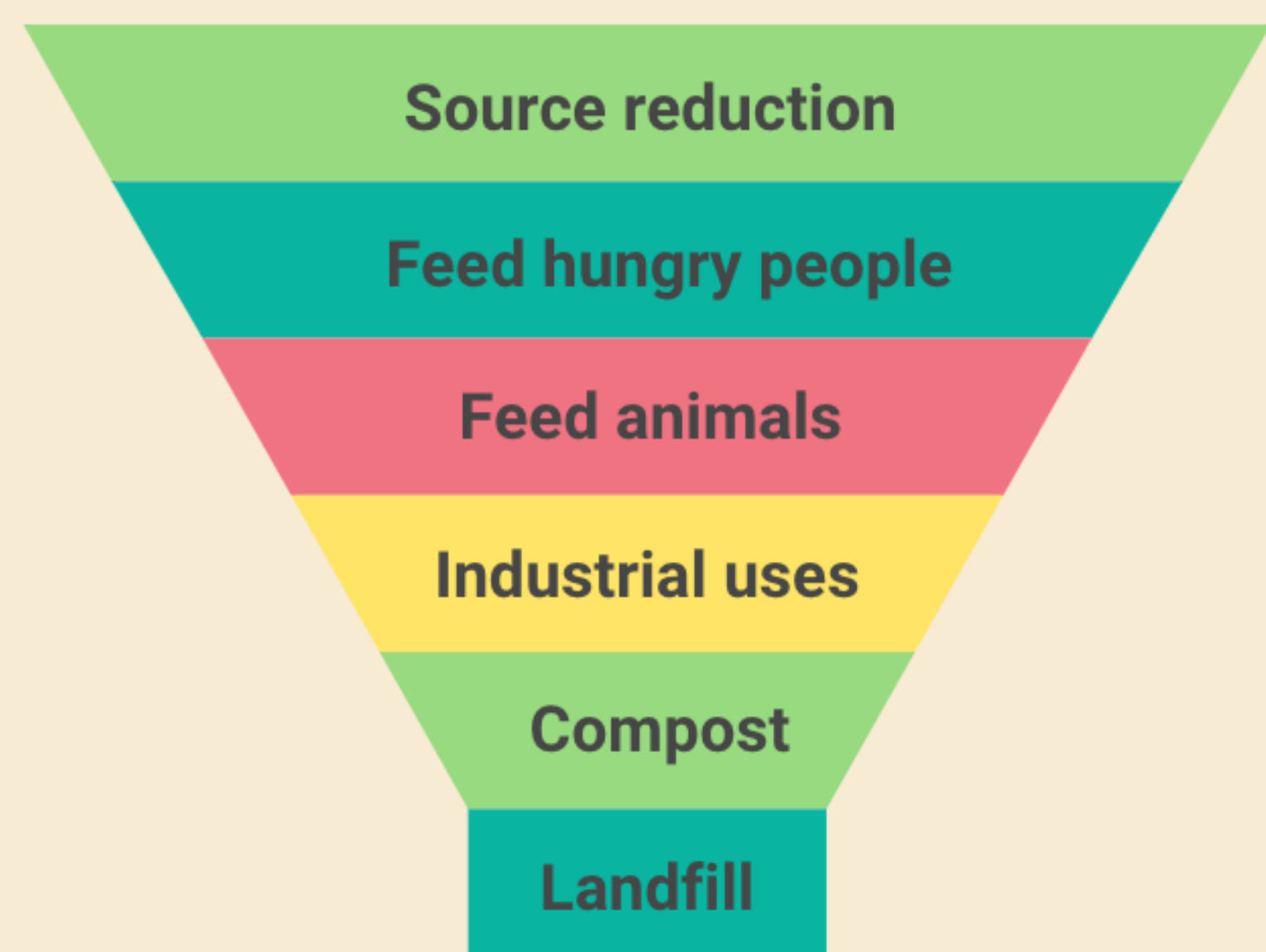
What can we do?

Macro-level Actions:

- 1 Create an educational campaign for Canadians on how to reduce their food waste at a household level.
- 2 Review current government policies on food production and waste for efficacy.
- 3 Perform further research on food waste to inform new government policies.

Food Recovery Hierarchy

Excess food can be redirected to different uses. Reducing production at the source is the highest priority, and the landfill the final option.



Researchers:

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Image Sources:

<https://www.flaticon.com/free-icons/food-waste> title="food waste icons">Food waste icons created by Freepik - Flaticon
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