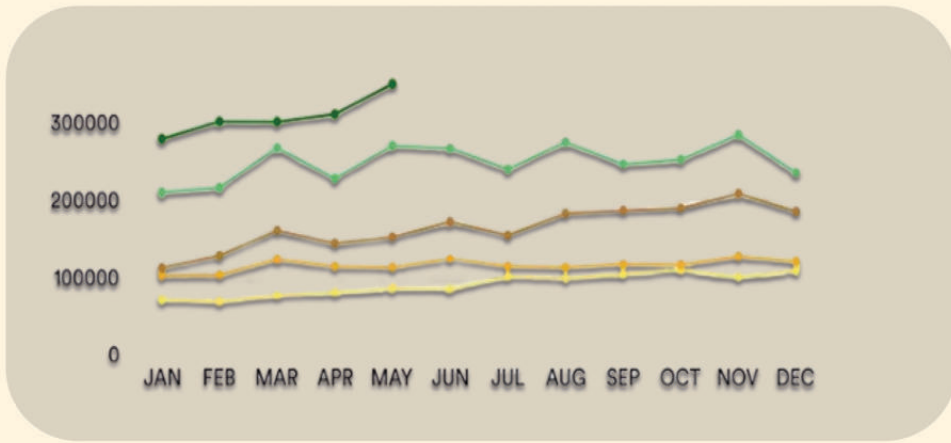
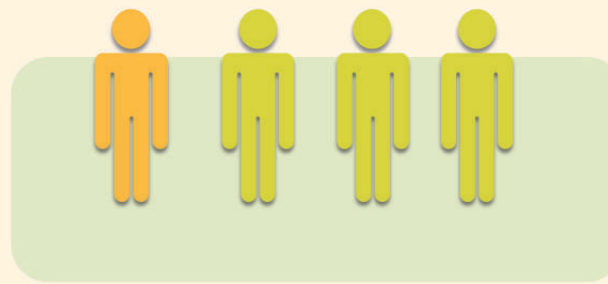


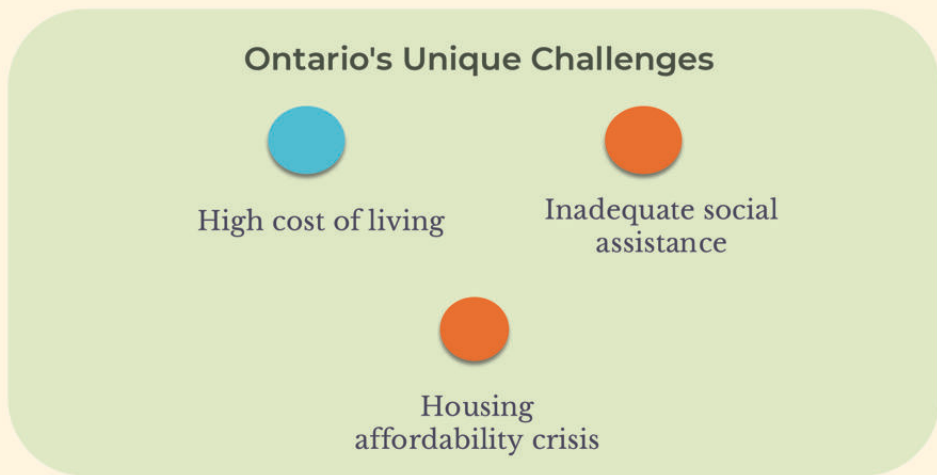
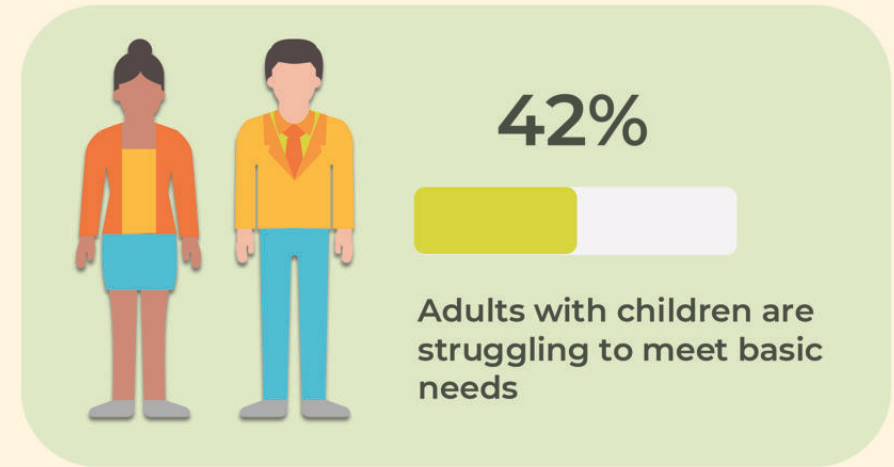
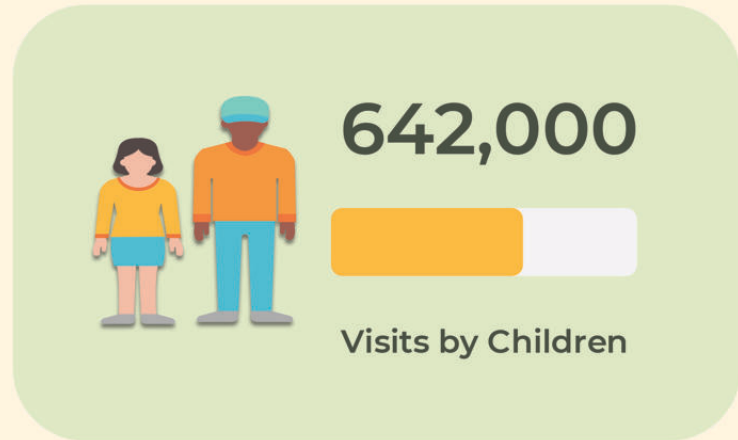
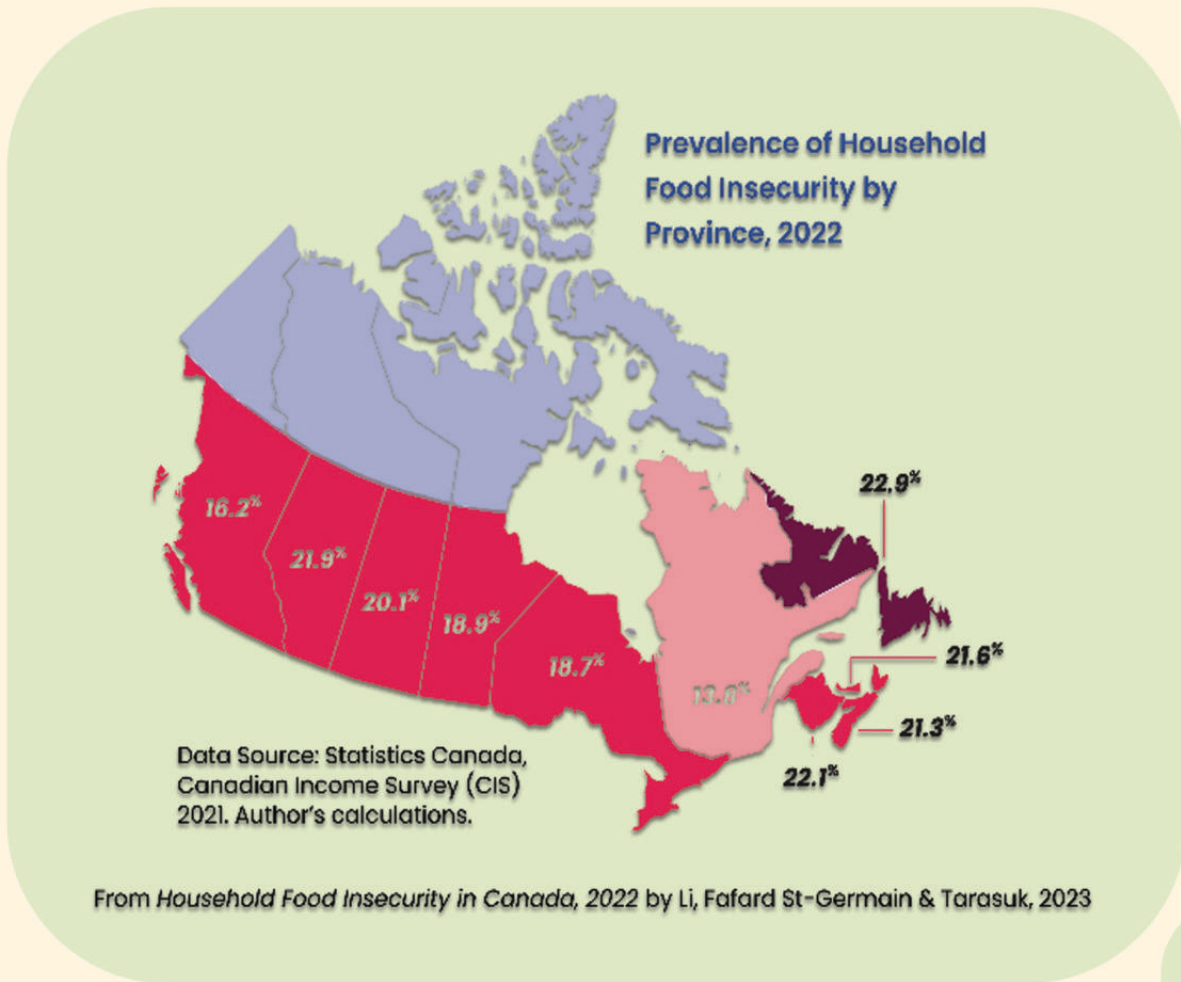
Household Food Insecurity: Ontario Vs. Canada



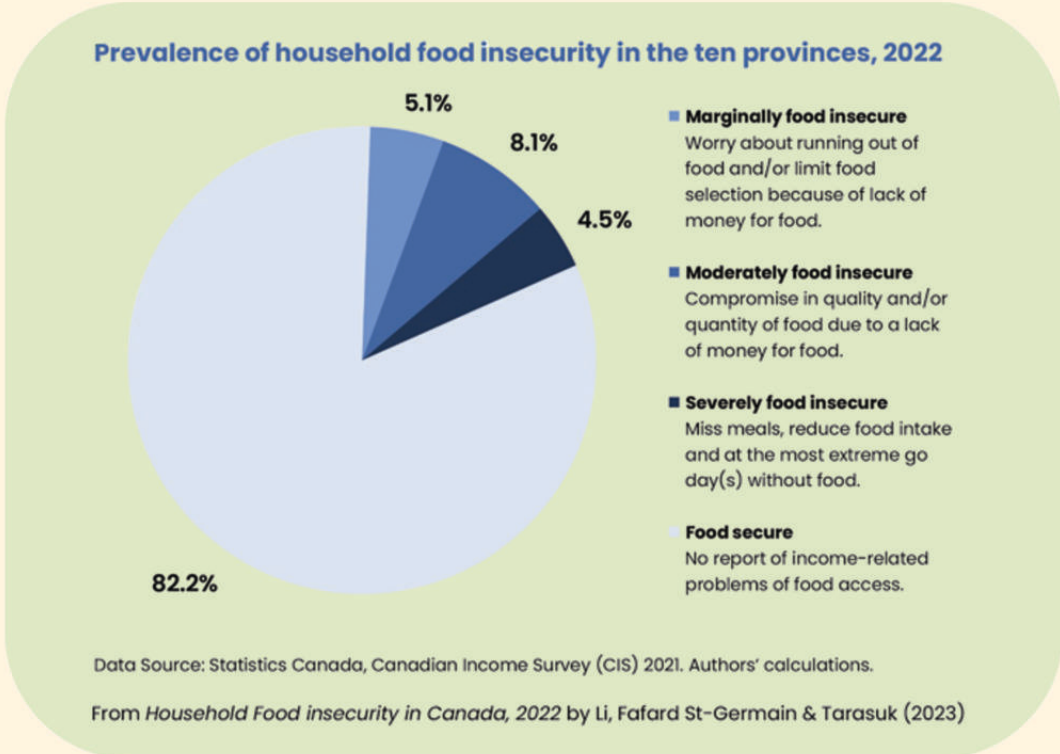
Food bank visits for May 2024 hit a heartbreaking new high of over 350,000. This is up from 270,000 for the same period in 2023 and 151,000 in 2022.



1 in 4 single-parent households have experienced hunger in the past year (Statistics Canada, n.d.-a).



- Recommendations**
- Targeted Interventions
 - Policy Reforms
 - Community Empowerment
 - Long-Term Strategies



Food insecurity is surging in Ontario, with a record **830,000** visits to food banks in May 2024. This is a significant increase from 270,000 in 2018 to 151,000 in 2022.

Children are particularly affected, with **642,000** visits by children in May 2024.

Adults with children are also disproportionately impacted, with **42%** struggling to afford necessities. The **high cost of living, inadequate social assistance, and the housing crisis** all contribute to this growing problem.

Sources :The impact of food insecurity on health. PROOF. (2022b, September 6). <https://proof.utoronto.ca/resource/the-impact-of-food-insecurity-on-health/>
 Government of Canada, S. C. (2024a, April 26). *Canadian Income Survey, 2022*. The Daily - <https://www150.statcan.gc.ca/n1/daily-quotidien/240426/dq240426a-eng.htm?HPA=1>
 Food Banks Canada. (2023). *HungerCount 2023: When is it enough?* https://foodbankscanada.ca/wp-content/uploads/2023/10/BSC_39951_HungerCount_2023_EN_Final.pdf