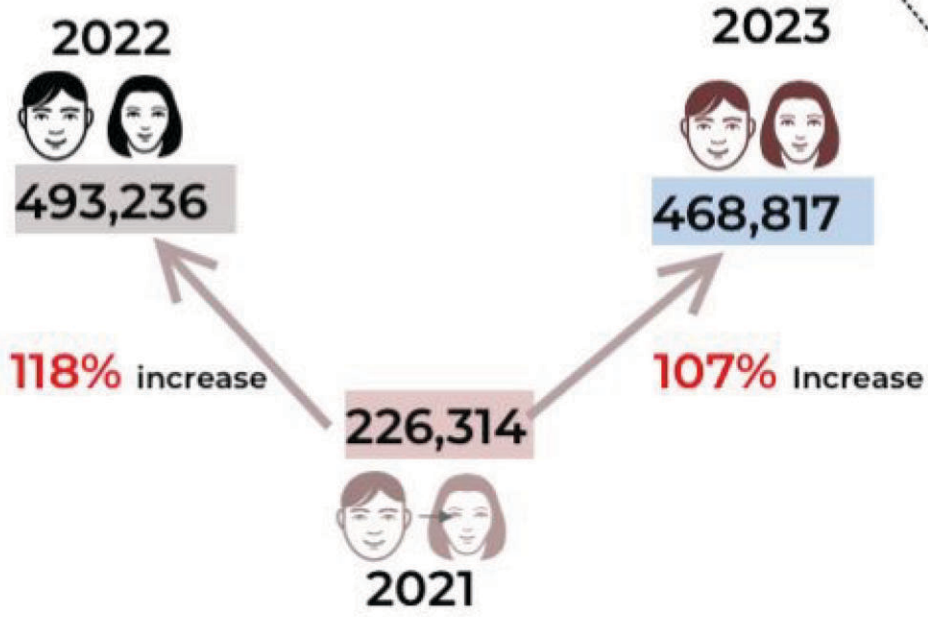


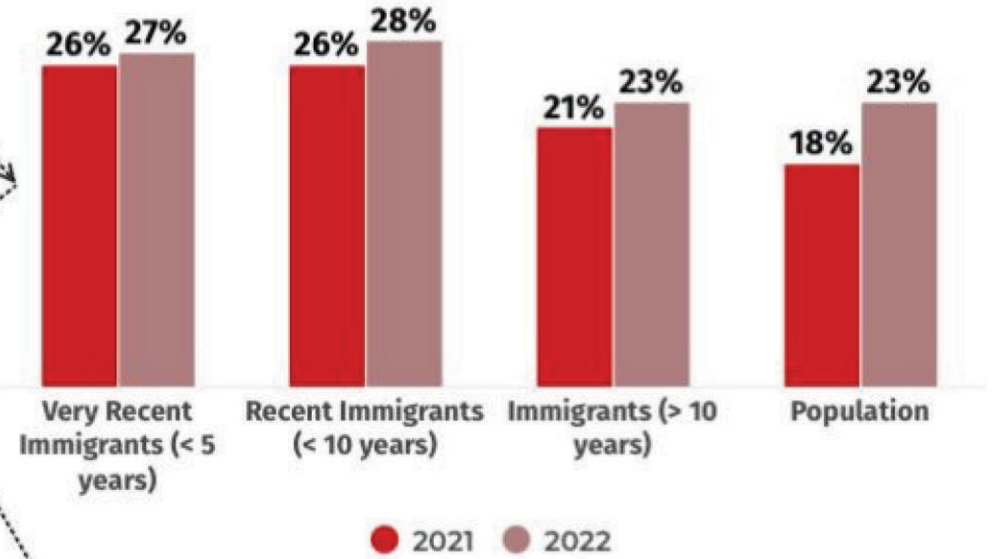
# IMPACT OF FOOD BANKS IN PREVENTING HUNGER AMONG CANADIAN IMMIGRANTS



## Number of Immigrants Entering Canada



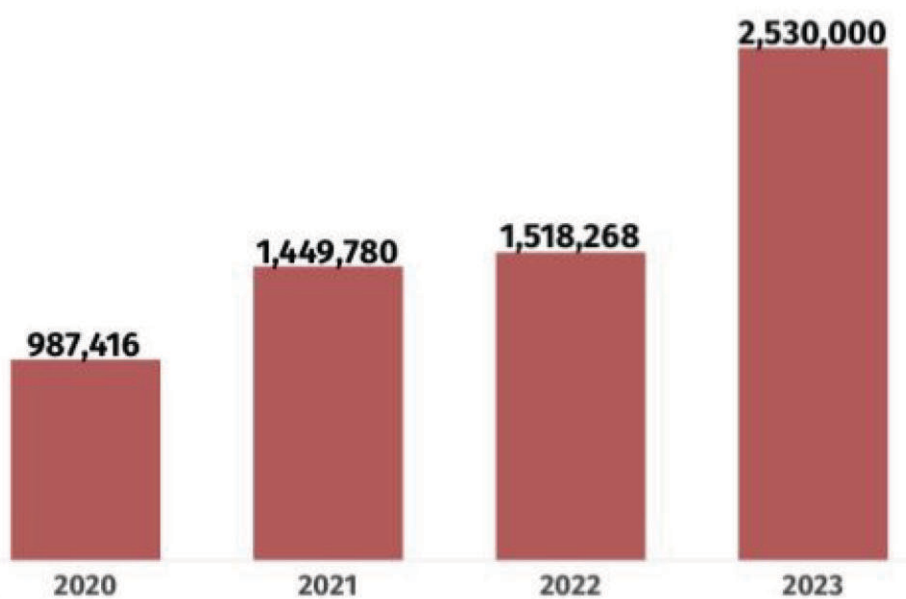
## Food Insecurity among Immigrants



## Hunger among Food Bank Users

| Children                  | Adults |
|---------------------------|--------|
| 58% Never                 | 36%    |
| 17% Rarely                | 21%    |
| 9% At least 1 day a Week  | 15%    |
| 12% Couple of days a Week | 14%    |
| 8% At least 1 day a Month | 14%    |

## Number of Food Bank Visits in Toronto



## Immigrants' Food Bank Use Experiences

- Poor quality of food**
- Limited food choices at food banks**
- Social stigma associated with food bank use**
- Shame and embarrassment**

## Risk Factors to Hunger among Immigrants

- Improper documentation**
- Financial Deficiencies**
- Low Income**
- Unemployment**
- Varied Food Culture**
- Low knowledge on social support systems**

## Recommendations

Orientation of Immigrants on support systems and social interventions

Create specialized food banks and diversify of food bank supplies

Adopt and Implement Food Delivery System

