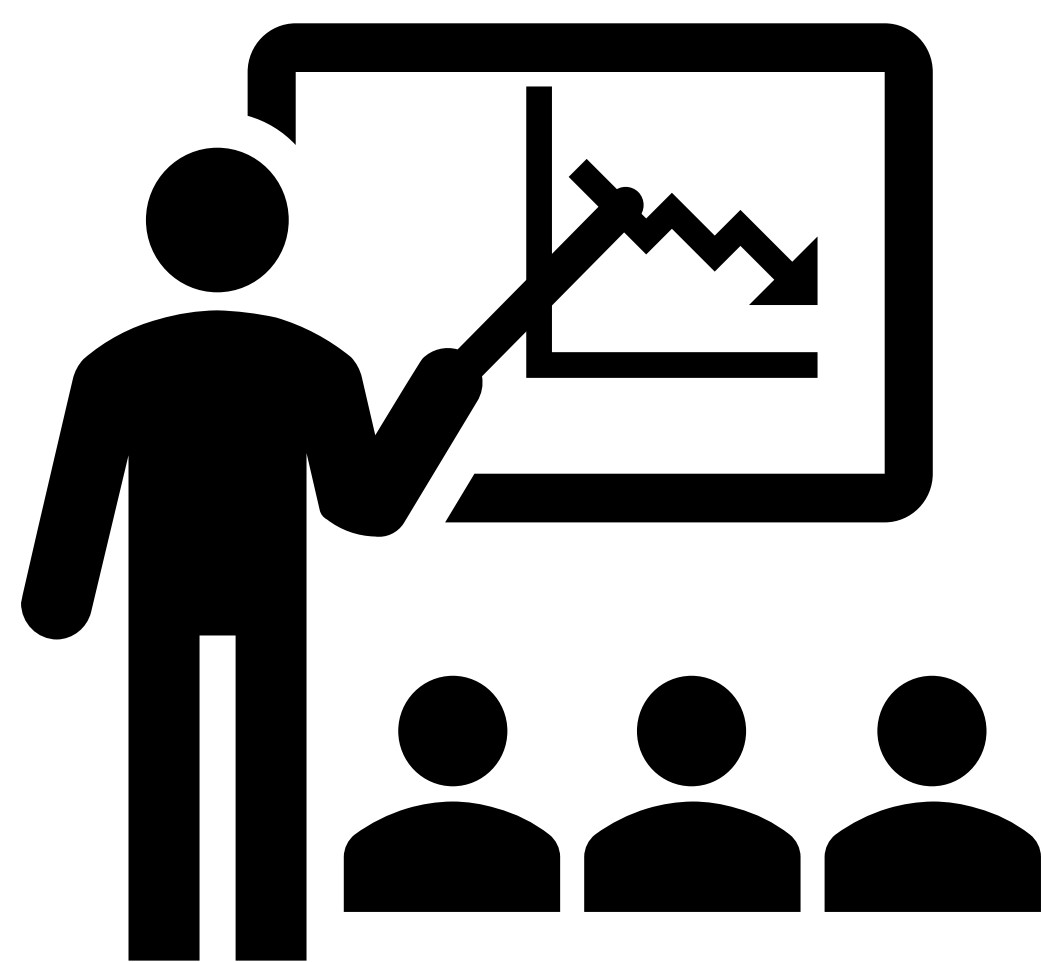
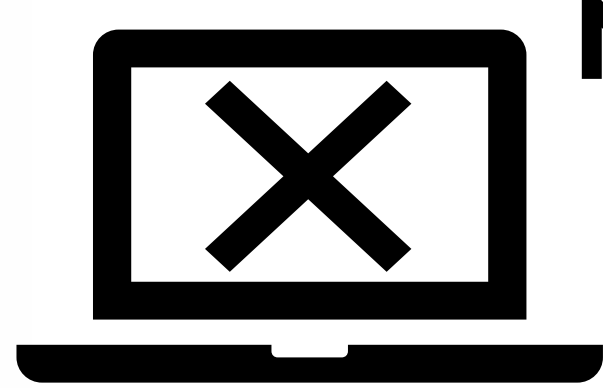


## BACKGROUND

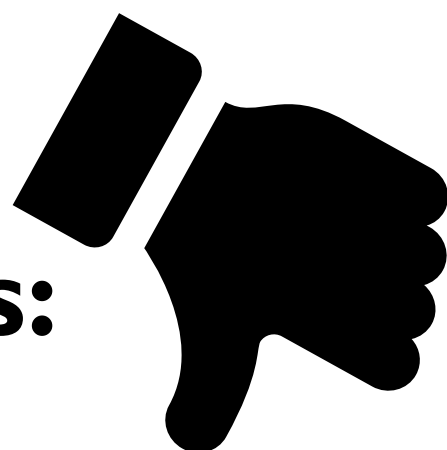


Online learning has a **negative impact** on Ontario secondary students



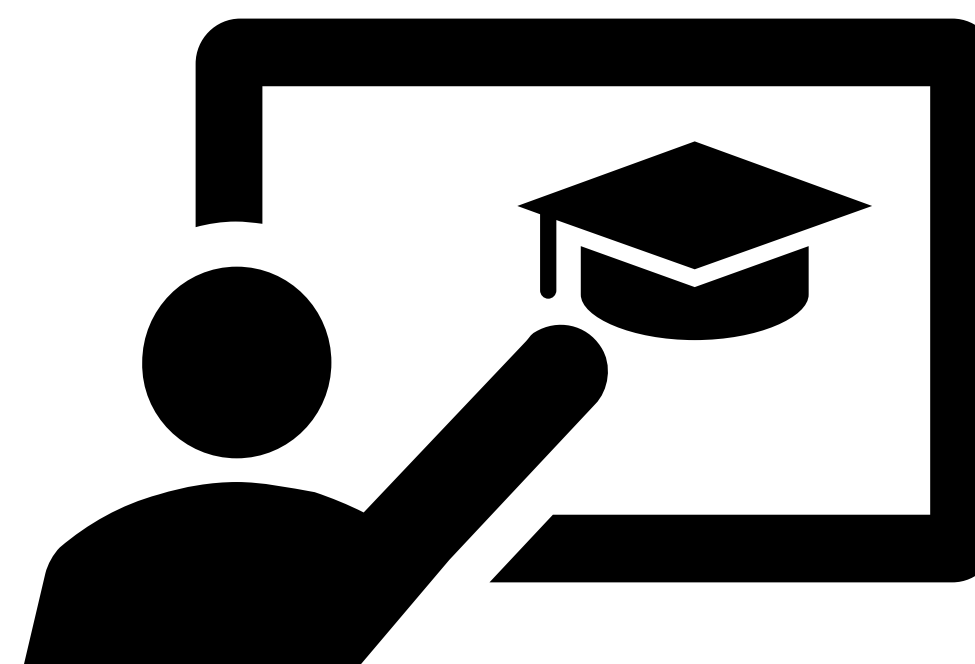
### Negative impacts:

- low academic performance
- lack of staff training
- psychological distress
- technological divides
- lack of in-school supports



## KEY POINTS

**Restructuring** classes and mental health supports **positively impacts** current and future student experiences



Ontario's **Ministry of Education** can help improve online schooling for students and staff

Improvements include:

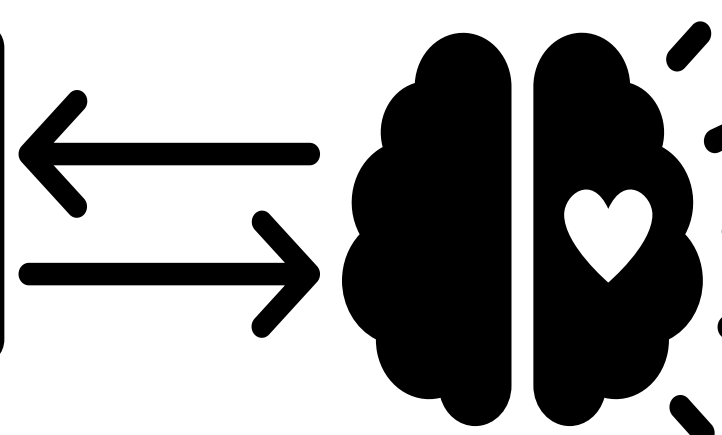
- Better staff **training**
- **Accessible** in-school supports
- Creating online **social bonds**
- More **remote resources**



# The Mental Decline in Secondary Online Schooling

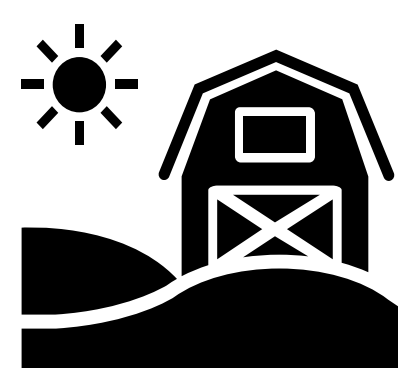
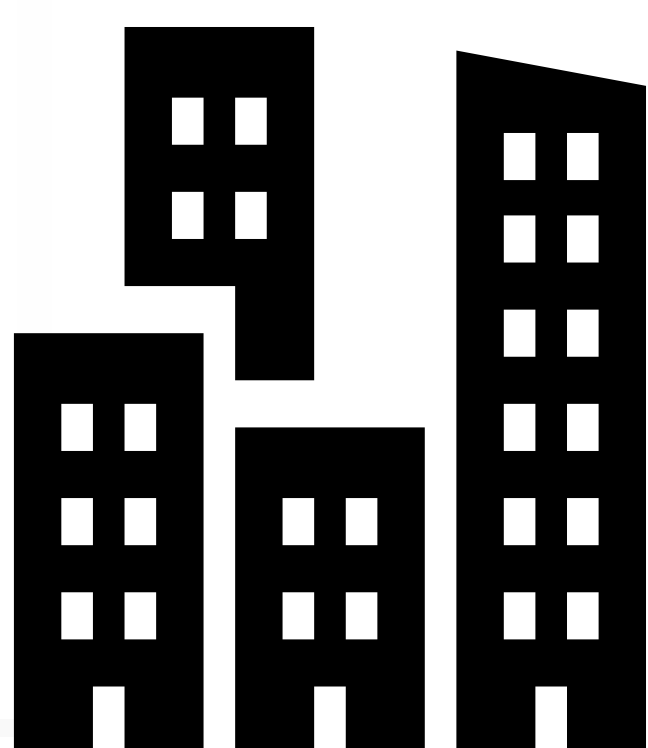
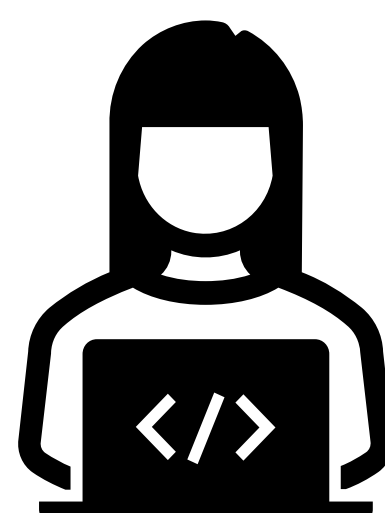
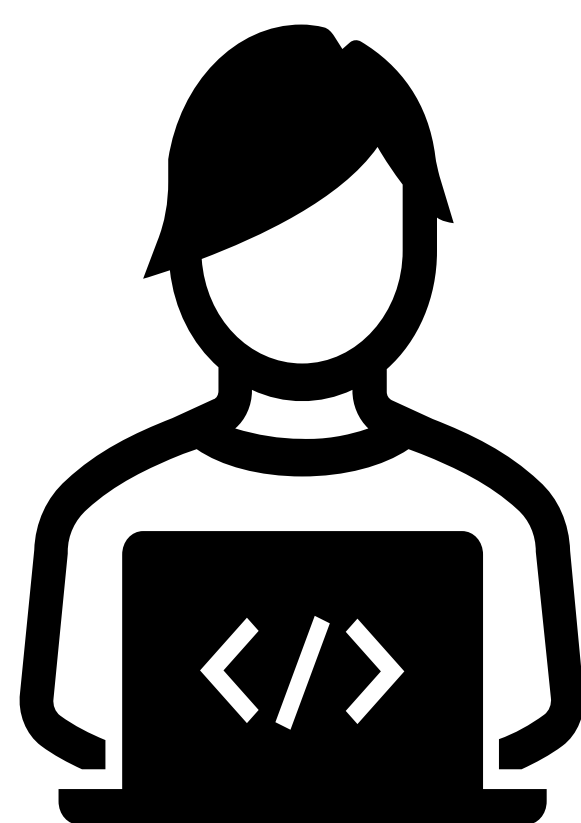


## KEY FINDINGS



Online learning causes **stress, anxiety, limits student interaction** and **increase distraction**

**Females** are more likely to have **poor** mental health in online learning environments

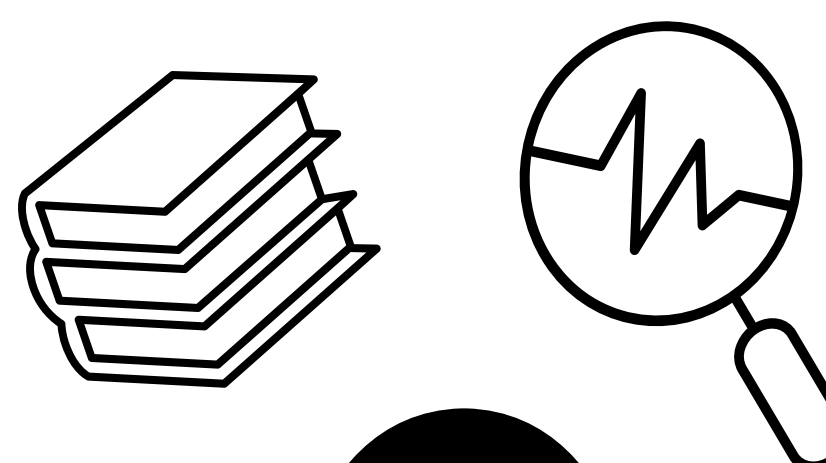
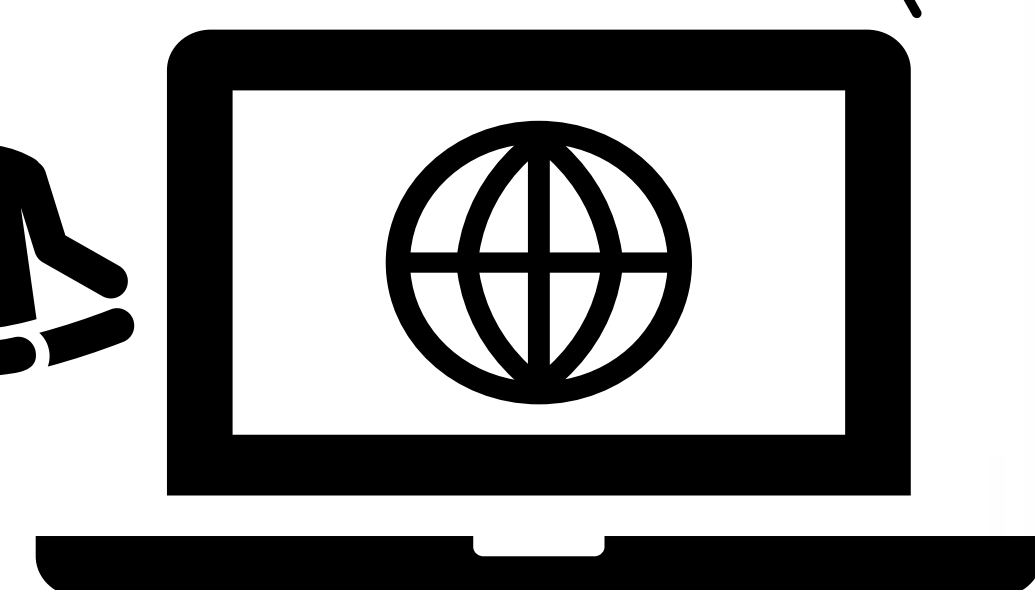


Students in **rural** communities are at a **disadvantage** compared to urban students

## RECOMMENDATIONS

**Restructure Online Learning:**

- Mental health portals and peer support networks
- Strategies evaluations
- Increase technological accessibility
- Online platform training
- Self-help interventions



Teachers should use **expert suggestions** to **restructure** their classrooms:

- Improve teacher presence
- Create accessible learning environments
- Provide self-regulated assessment opportunities for students