

# Impact of Substance Abuse/ Drug use on youth



Substance abuse, as a disorder, refers to the abuse of illegal substances or the abusive use of legal substances. i.e. Alcohol, Cannabis Etc.

- In Canada, approximately 21% of the population (about 6 million people) will meet the criteria for addiction in their lifetime.
- 25.1% of youth report use of substance abuse.



CANADA

## Youth Population affected



■ Youth (25.1%) ■ Population

Percentage of Canadians above 15 years and older who uses drugs. Provincial Data



Top 3 Cannabis products used by youth



About 20% of Canadians report a substance use disorder in their lifetime.



Close to 25% of youth in grades 7 to 12 engage in high risk drinking behavior.



Type of Substances Usage Distribution (%)

- Alcohol 55
- Cannabis 25
- Hallucinogenic drugs 15
- Poly drug use 5



Intervene early for youth that need support



Address trauma and eliminate stigma



Drug and Alcohol Helpline

1-866-531-2600